

# A Message for Moms

## Hello Sweet Ladies!

We have some new and exciting things going on here at Opelousas Pregnancy Center that we would LOVE to share with you! We hope that our monthly newsletters will provide informational links to resources for pregnancy, birth, breastfeeding, faith, parenting, budgeting, and more! We also want to get the word out about FREE events and opportunities coming up next month.

You *NEVER* know who might be secretly pregnant and needs our support. Like and share our pages on Facebook and Instagram to share who we are and what we do. Women need to know that they can be fully supported and taught all things pregnancy and motherhood.

Here for you,  
*Opelousas Pregnancy Center*



### *In this Newsletter:*

Growing in Faith  
page 2

Pregnancy and Motherhood  
Resources  
page 3

Events You Don't Want to Miss  
page 4

Boutique Spotlight  
page 5

# Growing in God's Word

*Have you ever wondered what it means to fear the Lord?*



Check out what [desiringgod.org](https://www.desiringgod.org) has to share on this topic at <https://www.desiringgod.org/articles/let-fear-deliver-you-from-fear>.

[DesiringGod](https://www.desiringgod.org) is a biblical resource that has sermons, articles, and a topic index for all of your questions about The Bible and your faith.

Last month we shared an article from [Proverbs31 Ministries](https://www.proverbs31.org) about body image. Check out the other articles they have to offer at [proverbs31.org](https://www.proverbs31.org).

Both are excellent tools to add to your Bible study time!

## Read

Psalm 34:8-9

Oh, taste and see that the Lord is good!

Blessed is the man who takes refuge in him!

Oh, fear the Lord, you his saints,  
for those who fear him have no lack!

## Pray

The Lord is so faithful to reveal Himself to us when we ask Him. Pray today that he would help you to understand the meaning, purpose, and blessings that come from the fear of the Lord.

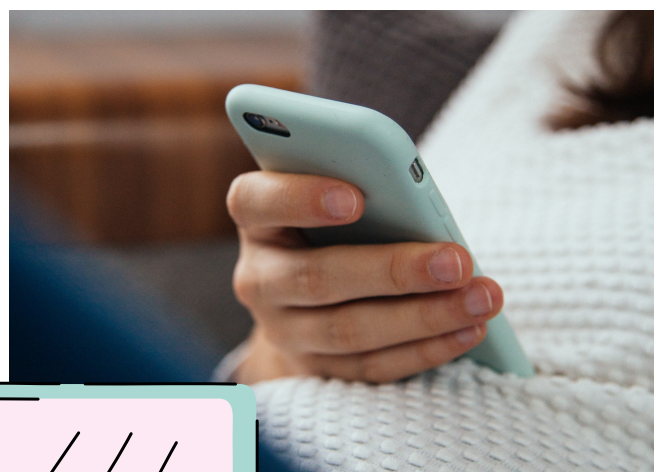
## Grow

Prayer journaling can be a refreshing addition to your bible study time by helping you put your thoughts into words on paper. It doesn't have to take longer than a minute or two. It is neat to be able to look back on the ways God has answered your prayers!

# Growing in Motherhood

*Are you asking questions?  
Doing your research?*

You already have access to Bright Course videos, but what other resources are at your fingertips? A lot of women have questions about pregnancy, childbirth, and infant care. Check out some topics we found interesting below, or go to [mamanatural.com](https://www.mamanatural.com) for a database of articles and information you might find helpful.



Curious about pregnancy brain?

<https://www.mamanatural.com/pregnancy-brain/>

Trying to get comfortable with a pregnancy pillow?

<https://www.mamanatural.com/pregnancy-pillow/>

Need some remedies for swollen feet?

<https://www.mamanatural.com/swollen-feet-during-pregnancy/>

# Events you don't want to miss

## Opelousas Love Fest

September 5th

We would LOVE to see you at the Opelousas Love Fest for some FREE, family fun!

## Labor and Delivery Class

September 7th

12:00pm-2:00pm

We are celebrating Labor Day with a Labor and Delivery Class for our clients that are in their third trimester of pregnancy. Call or visit our website at [opelousaspregnancycenter.com](http://opelousaspregnancycenter.com) to register today! Space is limited.

## Client Exclusive Give Away

September 13th-16th

We want to celebrate our One Year Anniversary with our clients by hosting a Client Exclusive Giveaway! During the week of September 13th-16th, from 10am-3pm, clients can stop by and pick out [10 FREE baby clothing items!](#)

A poster for the Opelousas Love Fest Celebration. The title "OPELOUSAS LOVE FEST" is at the top in bold black letters with red hearts for the 'O's. Below it, "Celebration" is written in a large, blue, cursive font. The date "05 SEPTEMBER 2021" is in red, and the location "LOCATION: NORTH CITY PARK, OPELOUSAS" is in blue. The event time "EVENT TIME: 10AM-7PM" is in black. A bold black line states "ALL OPELOUSAS FAMILIES ARE INVITED TO ATTEND!". Below that, "FREE ENTRY FREE LIVE ENTERTAINMENT FAMILY FUN" is written in bold black. A red line of text says "BRING YOUR TENTS, YOUR OWN PICNIC, LAWN CHAIRS, FAMILY MEMBERS, AND FRIENDS!". Another red line says "\*WORSHIP SERVICE AT 10 AM". A red line says "\*FREE VENDOR BOOTH SPACE FOR SERVICE ORGANIZATIONS". A red line says "\*IF INTERESTED IN SPONSORSHIP OR BEING A VENDOR, PLEASE CONTACT WIL FONTENOT (337)315-0857, EASTON SHELVIN (337)331-5226, AND/OR MADELYN ROSETTE (337)945-2998.". At the bottom, a blue line says "WITH LOVE IN OUR HEARTS WE WILL CARRY OPELOUSAS ON OUR BACKS".

**OPELOUSAS LOVE FEST**

**Celebration**

**05** LOCATION: **NORTH CITY PARK, OPELOUSAS**

**SEPTEMBER 2021**

**EVENT TIME: 10AM-7PM**

**ALL OPELOUSAS FAMILIES ARE INVITED TO ATTEND!**

**FREE ENTRY FREE LIVE ENTERTAINMENT FAMILY FUN**

**BRING YOUR TENTS, YOUR OWN PICNIC, LAWN CHAIRS, FAMILY MEMBERS, AND FRIENDS!**

**\*WORSHIP SERVICE AT 10 AM**

**\*FREE VENDOR BOOTH SPACE FOR SERVICE ORGANIZATIONS**

**\*IF INTERESTED IN SPONSORSHIP OR BEING A VENDOR, PLEASE CONTACT WIL FONTENOT (337)315-0857, EASTON SHELVIN (337)331-5226, AND/OR MADELYN ROSETTE (337)945-2998.**

**WITH LOVE IN OUR HEARTS WE WILL CARRY OPELOUSAS ON OUR BACKS**



# Boutique Spotlight

## Did you know?

You can redeem your points at any time! Just give us a call at 337-331-0602 to schedule your shopping session Mondays-Thursdays 9am-5pm. Unsure how many points you have? Call to find out how many points you've earned. If something catches your eye that you want to work towards, let us know! We can help you make a plan and give insider tips for earning extra points! Check out some of the hot items in our boutique right now:



Boppy: 25 points



Bouncy Seat: 25 points



Bassinet : 100 points

## To put it in perspective:

- You earned 20 points for your first Pregnancy Test and Ultrasound Appointment
- You earn 30 points every time you watch 4 Bright Course videos and meet with your Maternity Mentor
- You can earn 20 points at our Labor and Delivery Live Class on September 7th